

SEPTEMBER | 2022



LOGAN-HOCKING CHIEFTAIN-UF&HH BREAKFAST MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

29	30	31	1 Warm Banana Muffin Gripz Crackers Fruit Juice Milk	2 Breakfast Hot Pocket Apple Milk
5 No School Labor DayS	6 Warm Chocolate Chip Muffin Cheese Stick Pear Cup Milk	7 Warm Eggo Cinnamon Waffle Graham Cracker Fruit Juice Milk	8 Cinnamon Toast Crunch Kit Cinnamon Toast Cereal Graham Cracker Fruit Juice Milk	9 Warm Banana Bread Yogurt Apple Milk
12 Cocoa Krispy Kit Cocoa Krispy Bar Graham Cracker Fruit Juice Milk	13 Breakfast Pizza Orange Quarters Milk	14 Super Donut Cheese Stick Pear Cup Milk	15 No School Fair Day	16 No School Fair Day
19 Sausage Patty Pancakes Fruit Juice Milk	20 Warm Blueberry Muffin Yogurt Peach Cup Milk	21 Breakfast Kit Trix Cereal Goldfish Graham Fruit Juice Milk	22 Mini Cinnamon Rolls Graham Cracker Apple Milk	23 Warm Blueberry Waffle Cheese Stick Fruit Juice Milk
26 Warm Apple Strudel Graham Cracker Strawberry Cup Milk	27 Sausage and Cheese Biscuit Orange Quarters Milk	28 Breakfast Kit Cocoa Puffs Cereal Graham Cracker Juice Cup Milk	29 Warm Banana Muffin Gripz Crackers Fruit Juice Milk	30 Breakfast Hot Pocket Apple Milk

News

1/2 CUP FRUIT
100% FRUIT JUICE
ALL WHOLE GRAIN
1OZ. MEAT/MEAT
ALTERNATIVE
1% WHITE OR
CHOCOLATE MILK

FRUITS

APPLE,
APPLESAUCE,
ORANGES,
GRAPES,
PEACHES, PEARS,
BANANAS,
APRICOTS,
STRAWBERRIES,
and CRAISINS

SERVED IN
CAFETERIA DAILY

*MENU SUBJECT TO CHANGE

THIS INSTITUTION IS AN
EQUAL OPPORTUNITY
EMPLOYER