

OCTOBER | 2022



LOGAN-HOCKING SCHOOLS CENTRAL/GREEN BREAKFAST MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>3</p> <p>Breakfast Kit Lucky Charms Cereal Graham Crackers Fruit Juice Milk</p>	<p>4</p> <p>Chocolate Chip Muffin Cheese Stick Pear Cup Milk</p>	<p>5</p> <p>Eggo Cinnamon Waffle Graham Cracker Fruit Juice Milk</p>	<p>6</p> <p>Pop Tart Cheese Stick Apple Milk</p>	<p>7</p> <p>Breakfast Kit Cinnamon Toast Cereal Graham Cracker Fruit Juice Milk</p>
<p>10</p> <p>Breakfast Kit Froot Loop Kit Graham Cracker Fruit Juice Milk</p>	<p>11</p> <p>Mini Pancakes Cheese Stick Sliced Apples Milk</p>	<p>12</p> <p>Super Donut Graham Cracker Pear Cup Milk</p>	<p>13</p> <p>Lemon Crunch Bar Cheese Stick Fruit Juice Milk</p>	<p>14</p> <p>Breakfast Kit Trix Cereal Goldfish Graham Fruit Juice Milk</p>
<p>17</p> <p>No School Staff in Service</p>	<p>18</p> <p>Breakfast Kit Pop Tart Graham Cracker Juice Milk</p>	<p>19</p> <p>Strawberry Pancake Bowl String Cheese Milk</p>	<p>20</p> <p>Blueberry Waffle Cheese Stick Fruit Juice Milk</p>	<p>21</p> <p>Breakfast Kit Cocoa Puffs Cereal Graham Cracker Juice Cup Milk</p>
<p>24</p> <p>Breakfast Kit Lucky Charms Cereal Graham Crackers Fruit Juice Milk</p>	<p>25</p> <p>Apple Strudel Graham Cracker Strawberry Cup Milk</p>	<p>26</p> <p>Granola Yogurt Cup Apple Milk</p>	<p>27</p> <p>Peach Pancake Bowl Cheese Stick Milk</p>	<p>28</p> <p>Breakfast Kit Froot Loop Kit Graham Cracker Fruit Juice Milk</p>
<p>31</p> <p>Breakfast Kit Cinnamon Toast Cereal Graham Cracker Fruit Juice Milk</p>	<p>1</p>	<p>2</p>	<p>3</p>	<p>4</p>

News

1/2 CUP FRUIT
100% FRUIT JUICE
ALL WHOLE GRAIN
1OZ. MEAT/MEAT
ALTERNATIVE
1% WHITE OR
CHOCOLATE MILK

FRUITS

APPLE,
APPLESAUCE,
ORANGES,
GRAPES,
PEACHES, PEARS,
BANANAS,
APRICOTS,
STRAWBERRIES,
and CRAISINS

SERVED IN
CAFETERIA DAILY

*MENU SUBJECT TO CHANGE

THIS INSTITUTION IS AN
 EQUAL OPPORTUNITY
 EMPLOYER