

OCTOBER | 2022



LOGAN-HOCKING SCHOOLS ELEMENTARY LUNCH MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>3</p> <p>Chicken Nuggets Pretzel Corn Orange Quarters Milk</p>	<p>4</p> <p>Cheesy Breadsticks w/ Marinara Seasoned Green Beans Diced Peaches Milk</p>	<p>5</p> <p>Breakfast for Lunch Breakfast Pizza Hash Brown Patty Apple Milk</p>	<p>6</p> <p>Nachos and Cheese Buttered Corn Orange Quarters Milk</p>	<p>7</p> <p>Mexican Pizza Baby Carrots Whole Grain Cookie Fresh Pear Milk</p>
<p>10</p> <p>Chicken Patty Sandwich Macaroni and Cheese Mixed Vegetables Orange Quarters Milk</p>	<p>11</p> <p>Cooks Choice</p>	<p>12</p> <p>Hot Dog on Bun Baked Beans Apple Milk</p>	<p>13</p> <p>Popcorn Chicken Bowl Buttered Corn Mashed Potatoes w/ Gravy Pretzel Diced Peaches Milk</p>	<p>14</p> <p>Stuffed Crust Cheese Pizza Broccoli Whole Grain Cookie Mixed Fruit Milk</p>
<p>17</p> <p>No School Staff in Service</p>	<p>18</p> <p>Breaded Chicken Sticks Macaroni and Cheese Fresh Broccoli Apple Sauce Milk</p>	<p>19</p> <p>Pulled Pork Nachos Buttered Corn Orange Quarters Milk</p>	<p>20</p> <p>Breakfast for Lunch Sausage Patty French Toast Sticks Potato Wedges Diced Peaches Milk</p>	<p>21</p> <p>Stuffed Crust Pepperoni Pizza Baby Carrots Whole Grain Cookie Fresh Pear Milk</p>
<p>24</p> <p>Mini Corndogs Pretzel Seasoned Green Beans Apple Milk</p>	<p>25</p> <p>Grilled Cheese Sandwich Tomato Soup Mixed Fruit Milk</p>	<p>26</p> <p>Chicken and Noodles Mashed Potatoes w/ Gravy Pretzel Corn Fresh Grapes Milk</p>	<p>27</p> <p>Meat and Cheese Nachos Buttered Corn Diced Pears Milk</p>	<p>28</p> <p>Breakfast Pizza Baby Carrots Whole Grain Cookie Apple Milk</p>
<p>31</p> <p>Grilled Chicken Sandwich French Fries Orange Quarters Milk</p>	<p>1</p>	<p>2</p>	<p>3</p>	<p>4</p>

News

1/2 CUP FRUIT
100% JUICE
1/2 CUP VEGETABLES
ALL WHOLE GRAIN
BREADS
2 OZ. MEAT OR MEAT
ALTERNATIVE

OFFERED DAILY
PB&J SANDWICH &
SALAD

FRUITS
APPLE- APPLE
SAUCE-ORANGE-
GRAPES-PEACHES-
PEARS-TROPICAL
FRUIT-ORANGES-
BANANAS-CRAISINS

***Menu Subject to Change**

***This Institution is an
 equal Opportunity
 Employer**