

AND REMEMBER TO  
TAKE CARE OF YOURSELF

Habit 7

SHARPEN THE SAW™  
Balance Feels Best

THEN PLAY WELL  
WITH OTHERS

Habit 6

SYNERGIZE™  
Together Is Better

Habit 5

SEEK FIRST TO UNDERSTAND,  
THEN TO BE UNDERSTOOD  
Listen Before You Talk

Habit 4

THINK WIN-WIN™  
Everyone Can Win

START WITH YOU

Habit 3

PUT FIRST THINGS FIRST™  
Work First, Then Play

Habit 2

BEGIN WITH  
THE END IN MIND™  
Have a Plan

Habit 1

BE PROACTIVE™  
You're in Charge

