



FEBRUARY | 2023

LOGAN-HOCKING SCHOOLS HS/MS LUNCH MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

30	31	1 Cooks Choice	2 Mashed Potato Chicken Bowl Popcorn Chicken Mashed Potatoes w/ Gravy Corn Pineapple Milk	3 Stuffed Crust Pepperoni Pizza Buttered Peas Whole Grain Cookie Banana Milk
6 Grilled Cheese Sandwich Soup-Cooks Choice Diced Peaches Milk	7 Cowboy Nachos Buttered Corn Fruit Cocktail Milk	8 Cooks Choice	9 Cheese Burger on Bun French Fries Apple Milk	10 Stuffed Crust Cheese Pizza Baby Carrots Whole Grain Cookie Orange Quarters Milk
13 Spaghetti w/ Meat Sauce Seasoned Green Beans Dinner Roll Mandarin Oranges Milk	14 BBQ Pulled Pork Sandwich Mac & Cheese Seasoned Carrots Apple Milk Happy Valentine's Day	15 Chicken w/ Spiral Noodles Mashed Potatoes w/ Gravy Green Beans Fresh Grapes Milk	16 Hot Dog on Bun Baked Beans Diced Peaches Milk	17 Cheesy Breadsticks w/ Marinara Steamed Broccoli Whole Grain Cookie Applesauce Cup Milk
20 No School Happy Presidents Day	21 Beef and Cheese Nachos Buttered Corn Fruit Cocktail Milk	22 Cooks Choice	23 Bacon Cheese Burger on Bun French Fries Apple Milk	24 Stuffed Crust Pepperoni Pizza Buttered Peas Whole Grain Cookie Banana Milk
27 Taco in a Bag Buttered Corn Banana Milk	28 Cooks Choice	1	2	3

News

GRADES 5-7
½ CUP
VEGETABLES
1/2 CUP FRUIT
100% JUICE

GRADE 8- 12
1 CUP VEGETABLES
1 CUP FRUIT

ALL WHOLE GRAIN BREADS
1% WHITE OR CHOCOLATE
MILK

GRADES 5-7
1 OZ. MEAT OR MEAT
ALTERNATIVE
GRADE 8-12
2 OZ. MEAT OR MEAT
ALTERNATIVE

OFFERED DAILY
PB&J SANDWICH-PIZZA-HOT
SANDWICHES-
SALAD BAR

FRUITS
APPLE- APPLE SAUCE-
ORANGE-GRAPES-PEACHES-
PEARS-TROPICAL FRUIT-
ORANGES-BANANAS-
CRAISINS-APRICOTS

*menu subject to change
*This is an equal opportunity
employer