



FEBRUARY | 2023

LOGAN-HOCKING SCHOOLS UF/CHIEFTAIN/HH BREAKFAST

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

30	31	1 Warm Cherry Strudel Cheese Stick Fruit Juice Milk	2 Warm Mini French Toast Fresh Apple Milk	3 Warm Banana Muffin Goldfish Graham Pear Cup Milk
6 Breakfast Pizza Strawberry Cup Milk	7 Cooks Choice	8 Warm Chocolate filled Croissant Fruit Juice Milk	9 Yogurt Cup Graham Crackers Applesauce Cup Milk	10 Warm Chocolate Muffin Cheese Stick Fruit Juice Milk
13 Sausage Patty Pancakes Pear Cup Milk	14 Apple Cinnamon Texas Toast Peach Cup Milk VALENTINE'S DAY	15 Granola Yogurt Cup Apple Milk	16 Warm Cinnamon Toast Pastry Cheese Stick Strawberry Cup Milk	17 Warm Apple Strudel Cheese Stick Fruit Juice Milk
20 No School PRESIDENTS DAY	21 Warm Cinnamon Filled Pretzel Clementine Milk	22 Warm Strawberry Bagel Cheese Stick Fruit Juice Milk	23 Warm Blueberry Muffin Yogurt Peach Cup Milk	24 Warm Mini Cinnamon Roll Graham Cracker Apple Milk
27 Warm Banana Chocolate Breakfast Round Apple Slices Milk	28 Cooks Choice	1	2	3

News

1/2 CUP FRUIT
100% FRUIT JUICE
ALL WHOLE GRAIN
1OZ. MEAT/MEAT
ALTERNATIVE
1% WHITE OR
CHOCOLATE MILK

FRUITS

APPLE,
APPLESAUCE,
ORANGES,
GRAPES,
PEACHES, PEARS,
BANANAS,
APRICOTS,
STRAWBERRIES,
and CRAISINS

SERVED IN
CAFETERIA DAILY

*MENU SUBJECT TO CHANGE

THIS INSTITUTION IS AN
EQUAL OPPORTUNITY
EMPLOYER