



FEBRUARY | 2023

LOGAN-HOCKING SCHOOLS MS BREAKFAST MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

30	31	1 Cherry Strudel String Cheese Apple Milk	2 Banana Chocolate Breakfast Round Apple Milk	3 Apple Cinnamon Nutr-Grain Bar Cheese Stick Applesauce Cup Milk
6 2-Strawberry Pop Tarts Fruit Juice Milk	7 Cooks Choice	8 Granola Yogurt Cup Tropical Fruit Cup Milk	9 Lemon Crunch Bar Lil Squares Banana Milk	10 Apple Cinnamon Texas Toast Fruit Juice Milk
13 Chocolate Crescent Roll 1 Cheese Stick Fresh Pear Milk	14 Mini Cinnamon Rolls Graham Cracker Strawberry Cup Milk	15 Cooks Choice	16 Chocolate Chip Muffin 2 Cheese Sticks Applesauce Cup Milk	17 Mini Strawberry Cream Cheese Bagel 1 Cheese Stick Pear Cup Milk
20 No School Presidents Day	21 Cinnamon Stuffed Pretzel 1 Cheese Stick Banana Milk	22 Apple Cinnamon Breakfast Round Apple Sauce Cup Milk	23 2 Fudge Pop Tarts Apple Milk	24 Cooks Choice
27 Blueberry Nutri-Grain Bar 1 Cheese Stick Fruit Juice Milk	28 Peach Pancake Bowl Milk	1	2	3

News

**Grab-N-Go
Breakfast Offered Daily
Menu Subject to change**

Nutrition

1 C. Fruit
(100% Fruit Juice
Offered Daily)
All Whole Grain Breads
1oz. Meats/Meat
Alternative
1 Pint 1% White or
Chocolate Milk

FRUIT

Apple-Apple Sauce
Oranges-Grapes
Peaches-Pears
Tropical Fruit
Strawberry Cup
Mandarin Oranges
Juice-Apricots
Raisins

**THIS INSTITUTION IS AN
EQUAL OPPORTUNITY
PROVIDER**

***Menu Subject to Change**